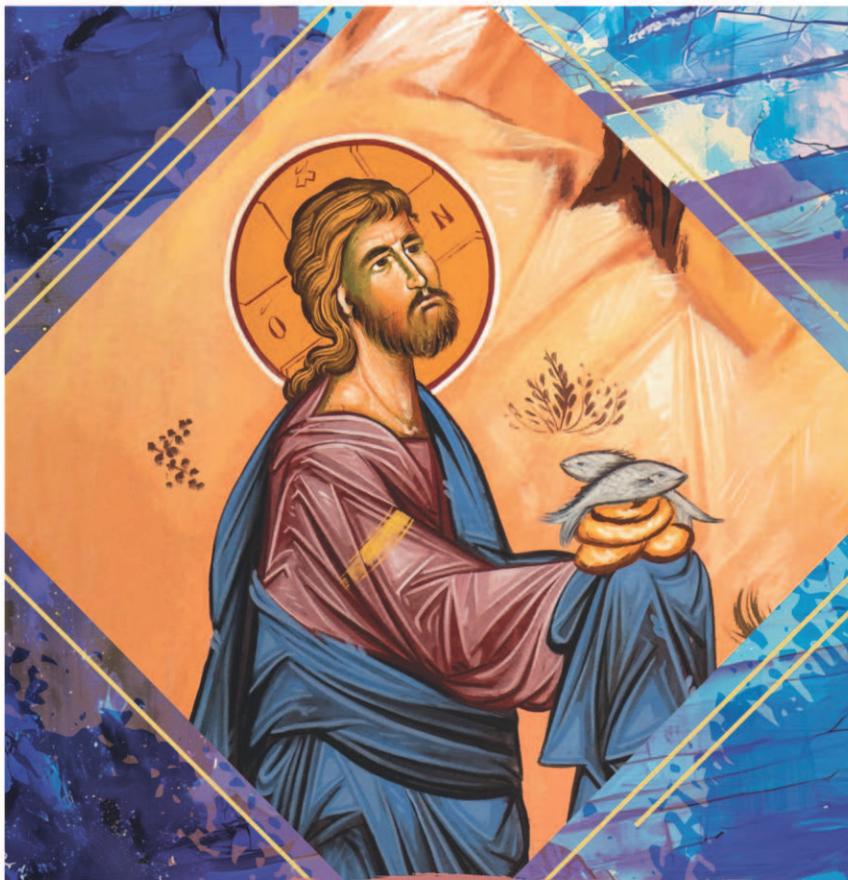


February 8th, 2026
5TH SUNDAY IN ORDINARY TIME

CHURCH OF ST. THERESE, THE LITTLE FLOWER

Minot, North Dakota



5TH SUNDAY IN ORDINARY TIME

"Your light must shine before others, that they may see your good deeds and glorify your heavenly Father." - Mt 5:16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

THIS WEEK:

Monday, February 9th

No Scheduled Events

Tuesday, February 10th

8:00 a.m. Mass

5:30 p.m. Environment Committee

Wednesday, February 11th

8:00 a.m. Mass

8:30 a.m. - 4 p.m. Adoration

6:00 p.m. CGS

Thursday, February 12th

8:00 a.m. Mass

Friday, February 13th

8:00 a.m. Mass

Saturday, February 14th

9:00 a.m. Serra Club Mass & Meeting

4:30 p.m. Mass

Sunday, February 15th

Mass: 8:30 a.m. & 10:00 a.m.

11:00 a.m. Divine Intimacy Book Study

DAILY MASS: TUES-FRI 8AM

SATURDAY VIGIL MASS: 4:30PM

SUNDAY MASS: 8:30AM & 10AM

EUCCHARISTIC ADORATION: WEDNESDAYS 8:30AM-4PM

FR. KENNETH PHILLIPS, PASTOR:
kphillips@bismarckdiocese.com

DEACON STEPHEN YOUNG:
deaconstevebismarck@gmail.com

GOSPEL MEDITATION

February 8, 2026
5th Sunday in Ordinary Time
Matthew 5:13-16

I recently learned why zebras have stripes. Scientists used to think it was for camouflage, but new research suggests something more interesting: the stripes help zebras blend in with one another.

When a predator looks at a herd, the overlapping stripes make it hard to single out one animal. But if a researcher spray-paints a dot on just one zebra, predators lock on it and eventually attack. The lesson? In the wild, blending in is protection. Standing out can be dangerous.

Human beings are not so different. Most of us would rather blend in than stand out, especially when it comes to our faith.

We know that giving bold witness to Jesus — through our words, values, or public choices — can make us targets for criticism, isolation, or judgment. That's why Jesus' words in today's Gospel are so challenging: "You are the light of the world. A city set on a mountain cannot be hidden" (Matthew 5:14).

A city on a hill draws attention. It also draws fire. But that's part of the cost of discipleship. Jesus doesn't call us to be tribal or boastful. He calls us to stand in the open with humble confidence, so that people might see our good deeds and glorify our Father in heaven. Today, let's ask for the courage not just to believe in Christ, but to be seen believing in him.

— Father John Muir
©LPi

OBSERVANCES FOR THE WEEK OF FEBRUARY 8, 2026

Sunday: 5th Sunday in Ordinary Time; World Marriage Day
Tuesday: St. Scholastica, Virgin
Wednesday: Our Lady of Lourdes
Saturday: Sts. Cyril, Monk, and Methodius, Bishop;
Valentine's Day
Next Sunday: 6th Sunday in Ordinary Time

MASS INTENTIONS

TUESDAY, FEBRUARY 10TH

+Martin Wolf by Arlene Fiedler

WEDNESDAY, FEBRUARY 11TH

David & Linda Aleshire by David & Linda Aleshire

THURSDAY, FEBRUARY 12TH

+Harold & Kay Stroklund by Your Family

FRIDAY, FEBRUARY 13TH

+Rose Coughlin by Lisa Krogman

SATURDAY, FEBRUARY 14TH

+Robert Schempp by Kathy Fettig

SUNDAY, FEBRUARY 15TH

8:30 a.m. +Greg Keller by Raymond & Rita Richard

10:00 a.m. For the Parishioners

+Indicates Deceased



DIVINE INTIMACY BOOK STUDY 2026

The Divine Intimacy book study at Little Flower with Fr. Phillips is meeting on Sundays following the 10AM Mass. Upcoming class dates: February 8, 15; March 1. All are welcome!

DO YOU HAVE OUR PARISH APP?

With winter weather upon us, now is a great time to download our **FREE** parish app. Any Mass, Adoration, or activity cancellations due to weather will come right to your phone!

Simply go to your app store and download the free app. Set Little Flower as your parish and make sure push notifications are ON so you can be alerted to any important messages.



PARISH OFFICE HOURS:

Monday-Thursday 8:30AM-3PM

Parish Office: 701.838.1520

Rectory: 701.837.5943

Parish Email: littleflowerminot@gmail.com

www.LittleFlowerMinot.com

MAILING ADDRESS:

800 University Ave. West
Minot, ND 58703

STAFF:

Parish Secretary: Jill Aarseth LittleFlowerMinot@gmail.com

Administrative Assistant: Sally Brown

Accounts Manager: Kathy Wentz: LittleFlowerFinance@srt.com

Publications/Website: Melissa Olson

LittleFlowerParish@gmail.com

Music Director: Paul Nason: nason.paul@gmail.com

Religious Education/Catechesis of the Good Shepherd:

Dione Bohl & Paula Rudser-Stolba (701) 838.1520

Bishop Ryan Catholic School: Megan Selk

(701) 838.3355; mselek@brhs.com



ASH

WEDNESDAY,
FEBRUARY 18TH
MASS TIMES AT
LITTLE FLOWER:

**8AM &
5:30PM**

**NO ADORATION
OR ROSARY**

Lenten Rice Bowls will be available at entrances to the church on Ash Wednesday and after.

MISSING: The Parish Office is looking for the attachment for the Kaivac Machine, it is silver with vacuum cleaner-like end. Please contact the Parish office if you know of its whereabouts. Thank You

ATTENTION MASS MINISTERS:

Mass Ministry schedules for March were sent out via email. If you didn't receive them, please let us know. Thank you for your stewardship, time and effort. We appreciate you! Please let the office know if you currently aren't on the Mass Ministry Schedule and would like to be added.

We are still in need of Altar servers for the 4:30pm Saturday Mass.



Soups

AROUND THE WORLD

at Little Flower

Sunday, February 22nd, 2026
11:00 AM - 1:00 PM
OR UNTIL SOUP RUNS OUT

VARIOUS ETHNIC SOUPS TO TRY!
HOUSE KNOEPHLA SOUP, BREAD, AND BEVERAGES PROVIDED

IF YOU'D LIKE TO DONATE ETHNIC SOUP, PLEASE CONTACT THE PARISH OFFICE AT 838-1520 OR SIGN UP ONLINE AT OUR PARISH WEBSITE: WWW.LITTLEFLOWERMINOT.COM

FREE WILL DONATIONS ACCEPTED

Thank you to everyone who donated socks during the Christmas season. They were given to the Men's Winter Refuge.

MASS MINISTRY SCHEDULES FOR FEBRUARY 14 & 15

	Saturday 4:30 p.m.	Sunday 8:30 a.m.	Sunday 10 a.m.
Rosary	Janet Murphy	Dione Bohl	Brenda Artz
Greeters	Varden Lang	Ron & Korie Huettl	Arlene Fiedler Bonnie Brunner
Altar Servers	Max Stenberg Paul Kalamaha	Mick Minter Joseph Minter Dakota Johnson	Kirstin Brunner Maizey Brunner Dane Brunner
Lector	Dan Christen	Steve Miller	Jaimie Brunner
Eucharistic Minister	Lou Ann Fleck	Lisa Krogman	Deacon Stephen Young
In-Home Ministry	Deacon Stephen Young		
Scrip Sales	Cindy Larcombe	Diane Wittmayer	Jaimie Brunner



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YouTube
DAILY MASS AND SUNDAY 8:30AM MASS BROADCAST ON YOUTUBE

ANOINTING OF THE SICK

If anyone is preparing for surgery or is hospitalized or wishing to receive the anointing of the sick, please call the parish office (701-838-1520) or rectory (701-837-5943) to set up an appointment. You can receive this sacrament more than once. Please notify Fr. Phillips upon admission of a family member to the hospital.

CONFESSION TIMES

TUES-FRI: 7:30AM-7:50AM
SAT: 3:15PM-4:15PM
SUNDAY: 7:30AM-8:15AM; 9:30AM-9:50AM
Confession can be heard anytime outside of listed times by appointment: 837.5943

BISHOP RYAN CATHOLIC SCHOOL NEWS

Is God calling your family to Catholic education? Now enrolling preschool through grade 12 for the 2026–2027 school year. For a tour or more information contact Megan Selk at 838-3355.



Use Scrip gift cards for all your purchases. We have cards for groceries, gas, clothing, household items, coffee, dining out, Amazon, home building & repair, vehicles & car care. We sell these cards in the gathering space after Mass and in the parish office during the week and at Bishop Ryan. Using Scrip supports Bishop Ryan Catholic School, which is a mission to our church. When you purchase Scrip, the businesses give back to Bishop Ryan a percent of your purchase, which supports the school and helps families with their tuition. It's a way to share Jesus – by supporting Catholic education.



CATECHESIS OF THE GOOD SHEPHERD

Growing our Flock

THE LITURGICAL COLORS AND CALENDAR

The liturgical colors and calendar situate the child in the church year expressing the Paschal Mystery – Christ has died, Christ is risen, and Christ will come again. A prayer table in the atrium reflect the liturgical cycle with the appropriate colors for the prayer cloths and selected prayers and scripture verses. Songs, banners, and readings enhance the rituals and celebrations of the season.

MINOT RIGHT TO LIFE DESSERT BUFFET

The Minot Right to Life Chapter will hold a Minot Community Celebration of Life Dessert Buffet on Sunday, February 15th from 2-4pm at St. John the Apostle. The pro-life panel will include students from Bishop Ryan who recently attended the March for Life. A free will offering will be accepted. All are welcome!

EASY OFFERTORY GIVING WITH ACH

Forgot to bring your offertory envelope to Mass? ACH makes offertory giving simple. Scan the QR code to sign up for automatic bank withdrawals for EASY offertory giving that supports our parish – even while you're away!



Join our parish!

If you've been attending Mass at Little Flower, please consider registering and becoming a member of our parish. Contact our parish office or go to our website: www.LittleFlowerMinot.com

ST. VINCENT DE PAUL MESSAGE

In the Gospel today, Jesus says, "You are the light of the world," he is calling us to live our Christian vocation in words and deeds. Be a "light" to those living in poverty and in a world of darkness by giving a donation to the Society of St. Vincent de Paul.

St. Vincent de Paul meets on the first and third Tuesdays of each month. If you would like to attend a meeting, please call Janel at 701-557-3919 for the meeting location.

In recognition of the sacrament of marriage, the Most Reverend David D. Kagan invites married and engaged couples to attend the **Mass in Celebration of Marriage** with a special blessing of married couples on **Monday, February 9 at 5:30 p.m.** at the Cathedral of Holy Spirit in Bismarck. All are invited to a reception following Mass, hosted by the Knights of Columbus.



Giving Hearts Day

\$12,000 Match

January 12–February 12



Dakota Hope Clinic
MINOT BOTTINEAU TIOGA

SCAN ME!

Family, Friends, & Brother Knights:

I pray that you are all doing well and keeping Jesus close to your heart and everyday lives with prayer.

Lent is around the corner already and our Knights will be serving up soup and sandwiches again! During Lent our parish will be having Stations of the Cross every Friday evening at 6:30 and our Knights will be serving soup and sandwiches in the gathering space of the church at 5:30 until stations begins. All are welcome to join with friends and family and enjoy a meal before attending a spiritual pilgrimage of the Stations of the Cross.

I want to thank all our local councils for coming together at our local district meeting we had this past month. It was great having everybody at our church and getting to enjoy each other's company and fellowship and discussing future plans for our Knights of Columbus here in our community. Also a huge thank you to everyone who attended our last fundraiser breakfast, our knights were very busy and truly blessed with all the support towards our seminarians. We hope to see you on February 8th which is our next breakfast which will be benefiting the Special Olympics. We will be serving from 8:30 till 12:00, eggs, sausage, french toast, biscuits & gravy, muffins, juice and coffee. Come and enjoy a delicious meal and fellowship.

Server of the Month: Calvin Olson, for all the dedication he has is serving the Mass and enjoying it with his brother and sister. We are proud of him and hope that he grows more in his faith life and love in the Mass.

Knight of the Month: Jeff Murtaugh, is a past Grand Knight in our group and a dedicated member in our council. He's always helping out whenever is needed at our KC events and making sure our meetings are running smoothly. You will also find him helping out in the parish greeting parishioners and serving in the Mass.

Family of the Month: Jason and Delray Goetz, who is a fairly new family to our parish along with their children Jordy, Reed, and Hazel. It is an absolute joy to see them as a family together in Mass and especially the two boys who are in our catechesis program. And they are always supporting our Knights of Columbus events especially at our breakfast where it is a ton of fun to see their children running around in the gym playing with the other children of our parish!

Our knights want to thank those for all that they do and are truly blessed that they are part of our parish family and will be praying for them.

Thank You and God bless!
Luke Audet
Grand Knight



BREAKFAST AT LITTLE FLOWER

Sunday, February 8th

8:30 a.m. to Noon



Breakfast served by
the Little Flower
Knights of Columbus
#9839

Menu:

FRENCH TOAST
SCRAMBLED EGGS
SAUSAGE
BISCUITS & GRAVY
MUFFINS
COFFEE
JUICE

ALL ARE WELCOME!
FREE WILL DONATIONS
WILL BENEFIT SPECIAL
OLYMPICS

FRIDAYS DURING LENT:

5:30 p.m. Soup & Sandwich Supper

(Served by our Knights of Columbus)

5:50 p.m. - 6:20 p.m. Confession

6:30 p.m. Stations of the Cross



St. John the Apostle
#1150

Knights of Columbus®

Breakfast Sunday,

February 15th

St. John the Apostle

9am-Noon

Menu:

Pancakes, French Toast
(*Gluten Free French Toast
will be available), Sausage,
Scrambled Eggs, Juice, Milk
& Coffee

Free-will offering to support:
Real Presence Catholic Radio &
Men's Winter Refugee Shelter





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