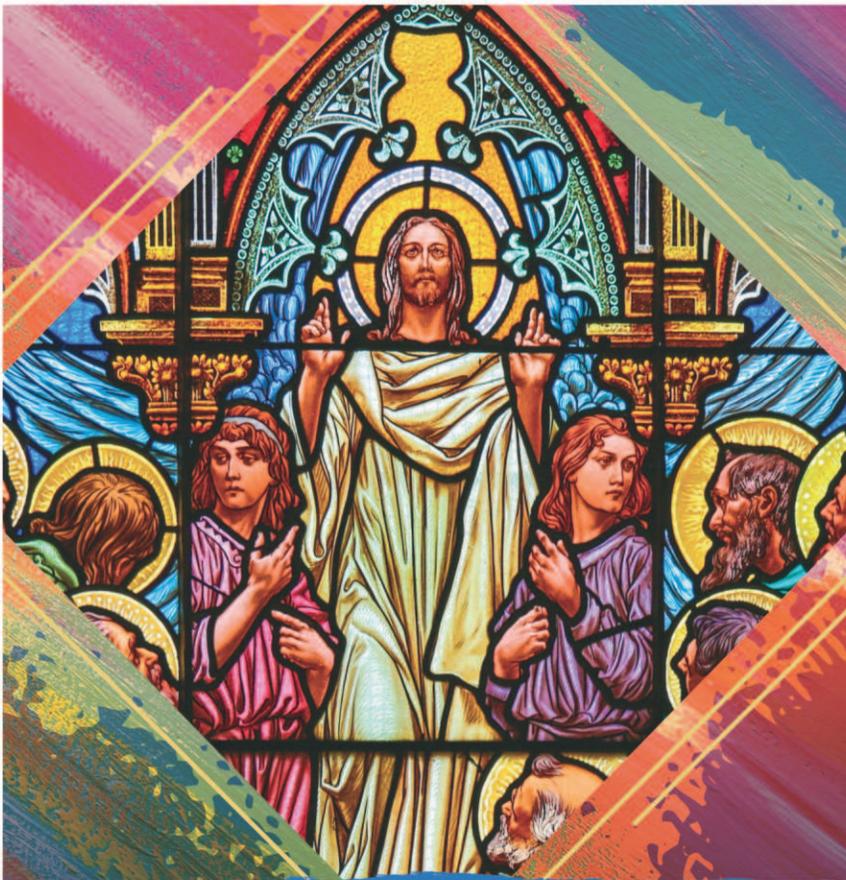


February 15th, 2026
6TH SUNDAY IN ORDINARY TIME

CHURCH OF ST. THERESE, THE LITTLE FLOWER

Minot, North Dakota



6TH SUNDAY IN ORDINARY TIME

"I say to you, whoever is angry with his brother
will be liable to judgment." - Mt 5:22a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

THIS WEEK:

Monday, February 16th
No Scheduled Events

Tuesday, February 17th
8:00 a.m. Mass

Wednesday, February 18th
Ash Wednesday
8:00 a.m. & 5:30 p.m. Mass
No Adoration
5:30 p.m. CGS Family Mass Followed by CGS

Thursday, February 19th
8:00 a.m. Mass

Friday, February 20th
8:00 a.m. Mass
5:30 p.m. Soup & Sandwich Supper
5:50 - 6:20 p.m. Confession
6:30 p.m. Stations of the Cross

Saturday, February 21st
4:30 p.m. Mass

Sunday, February 22nd
Mass: 8:30 a.m. & 10:00 a.m.
No Divine Intimacy Book Study
11 a.m. - 1 p.m. Soups Around the World

DAILY MASS: TUES-FRI 8AM
SATURDAY VIGIL MASS: 4:30PM
SUNDAY MASS: 8:30AM & 10AM
EUCCHARISTIC ADORATION: WEDNESDAYS 8:30AM-4PM

FR. KENNETH PHILLIPS, PASTOR:
kphillips@bismarckdiocese.com

DEACON STEPHEN YOUNG:
deaconstevebismarck@gmail.com

GOSPEL MEDITATION

February 15, 2026
6th Sunday in Ordinary Time
Matthew 5:17-37

A few years into my priesthood, I hit a wall. I had taken on too many commitments: Masses, meetings, ministries, projects. I couldn't keep up. I was double-booking, forgetting things, running late, and letting people down. My boss at the time, a wise priest, and our shared secretary, noticed.

For my birthday, the two gave me a stack of 100 flashcards, each with one word printed in a different language: "NO." It was funny, but also painfully true. If I couldn't say no, my yes was in danger.

In this Sunday's Gospel, Jesus says, "Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the Evil One" (Matthew 5:37). He's not just giving advice about polite speech. He's showing us something about the freedom of Christian discipleship. The follower of Christ is called to speak clearly, simply, and honestly. There is joy in that kind of freedom.

The Church Fathers often linked this kind of straightforward truthfulness with spiritual maturity. The devil is the father of lies, but Jesus is the Word made flesh.

When we hedge, flatter, exaggerate, or avoid, we open space for the shadows to creep in. That little stack of flashcards reminded me that God does not want us enslaved to the expectations of others or to the fear of disappointing them. He wants us to enjoy the peace of saying yes and meaning it, and saying no, and meaning it, too.

Lenten Challenge: Practice one moment of honest, peaceful speech this week. Maybe it's a sincere "yes" to something important, or a humble "no" to something you cannot do. Let it be a quiet step into the freedom Jesus offers.

— Father John Muir
©LPi

OBSERVANCES FOR THE WEEK OF FEBRUARY 15, 2026

Sunday: 6th Sunday in Ordinary Time
Monday: Presidents' Day
Tuesday: The Seven Holy Founders of the Servite Order
Wednesday: Ash Wednesday
Saturday: St. Peter Damian, Bishop and Doctor of the Church
Next Sunday: 1st Sunday of Lent

MASS INTENTIONS

TUESDAY, FEBRUARY 17TH
Father Eric Artz by Your Family

WEDNESDAY, FEBRUARY 18TH - ASH WEDNESDAY
8:00 a.m.: +Tomi Vennes by Alice Leonard
5:30 p.m.: For the Parishioners

THURSDAY, FEBRUARY 19TH
+Ashley Artz by Your Family

FRIDAY, FEBRUARY 20TH
+Marie Caroline by David & Linda Aleshire

SATURDAY, FEBRUARY 21ST
+Sherline Vetter by Veronica Gores

SUNDAY, FEBRUARY 22ND
8:30 a.m. For the Parishioners
10:00 a.m. +Nathan Artz by Your Family

+Indicates Deceased



DIVINE INTIMACY BOOK STUDY 2026

The Divine Intimacy book study at Little Flower with Fr. Phillips is meeting on Sundays following the 10AM Mass. Upcoming class dates: February 15; March 1. All are welcome!

REMEMBER IN YOUR PRAYERS...

In sympathy, please remember **Jeanette Monteleone**, sister of Marie Keller and family, who recently passed away.

Please also remember in your prayers **Steve Sidener**, brother to Jackie Limke, Sue Peterson and Paula Sidener, who recently passed away.

May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen

PARISH OFFICE HOURS:

Monday-Thursday 8:30AM-3PM

Parish Office: 701.838.1520
Rectory: 701.837.5943

Parish Email: littleflowerminot@gmail.com
www.LittleFlowerMinot.com

MAILING ADDRESS:

800 University Ave. West
Minot, ND 58703

STAFF:

Parish Secretary: Jill Aarseth LittleFlowerMinot@gmail.com
Administrative Assistant: Sally Brown
Accounts Manager: Kathy Wentz: LittleFlowerFinance@srt.com
Publications/Website: Melissa Olson
LittleFlowerParish@gmail.com
Music Director: Paul Nason: nason.paul@gmail.com
Religious Education/Catechesis of the Good Shepherd:
Dione Bohl & Paula Rudser-Stolba (701) 838.1520
Bishop Ryan Catholic School: Megan Selk
(701) 838.3355; mselek@brhs.com

ASH

WEDNESDAY,
FEBRUARY 18TH
MASS TIMES AT
LITTLE FLOWER:

8AM &
5:30PM

NO ADORATION
OR ROSARY

Lenten Rice Bowls will be available at entrances to the church on Ash Wednesday and after.

LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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Soups
AROUND THE WORLD

at Little Flower

Sunday, February 22nd, 2026
11:00 AM - 1:00 PM
OR UNTIL SOUP RUNS OUT

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FREE WILL DONATIONS ACCEPTED

ATTENTION MASS MINISTERS:

Mass Ministry schedules for March were sent out via email. If you didn't receive them, please let us know. Thank you for your stewardship, time and effort. We appreciate you! Please let the office know if you currently aren't on the Mass Ministry Schedule and would like to be added. **We are still in need of Altar servers for the 4:30pm Saturday Mass.**

MASS MINISTRY SCHEDULES FOR FEBRUARY 21 & 22

	Saturday 4:30 p.m.	Sunday 8:30 a.m.	Sunday 10 a.m.
Rosary	Volunteer Needed	Carolyn Johnson	Paula Wahl
Greeters	Allan & Deb Haman	Debby Brothers Karen McDonald	Rick & JoAnn Randall
Altar Servers	Camden Lee	Dexter Olson Frances Olson Calvin Olson	Hannah Schaefer Emmie Schaefer Matthew Schaefer
Lector	Chris Wright	Melissa Olson	Barb Johnson
Eucharistic Minister	LouAnn Fleck	Perry Olson	Deacon Stephen Young
In-Home Ministry		Deb Mellum	
Scrip Sales	Bob & Christine Greene	Melissa Olson	Katy Schaefer

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 **YouTube**
DAILY MASS AND SUNDAY 8:30AM MASS BROADCAST ON YOUTUBE

ANOINTING OF THE SICK

If anyone is preparing for surgery or is hospitalized or wishing to receive the anointing of the sick, please call the parish office (701-838-1520) or rectory (701-837-5943) to set up an appointment. You can receive this sacrament more than once. Please notify Fr. Phillips upon admission of a family member to the hospital.

CONFESSION TIMES

TUES-FRI: 7:30AM-7:50AM
SAT: 3:15PM-4:15PM
SUNDAY: 7:30AM-8:15AM; 9:30AM-9:50AM
Confession can be heard anytime outside of listed times by appointment: 837.5943

BISHOP RYAN CATHOLIC SCHOOL NEWS

Is God calling your family to Catholic education? Now enrolling preschool through grade 12 for the 2026–2027 school year. For a tour or more information contact Megan Selk at 838-3355.



Use Scrip gift cards for all your purchases. We have cards for groceries, gas, clothing, household items, coffee, dining out, Amazon, home building & repair, vehicles & car care. We sell these cards in the gathering space after Mass and in the parish office during the week and at Bishop Ryan. Using Scrip supports Bishop Ryan Catholic School, which is a mission to our church. When you purchase Scrip, the businesses give back to Bishop Ryan a percent of your purchase, which supports the school and helps families with their tuition. It's a way to share Jesus – by supporting Catholic education.



CATECHESIS OF THE GOOD SHEPHERD

Growing our Flock

FOR THE OLDER CHILD (AGES 6-12)

While the heart of the catechesis for the child under six revolves around the Parable of the Good Shepherd, the elementary age child is captured by the image of the True Vine. "I am the vine, you are the branches, whoever remains in me, and I in him, will bear much fruit, because without me you can do nothing." The proclamation responds to the deep need of the older child to better know his or her relationship with God, family, friends, and the larger community.

MINOT RIGHT TO LIFE DESSERT BUFFET

The Minot Right to Life Chapter will hold a Minot Community Celebration of Life Dessert Buffet on Sunday, February 15th from 2-4pm at St. John the Apostle. The pro-life panel will include students from Bishop Ryan who recently attended the March for Life. A free will offering will be accepted. All are welcome!

EASY OFFERTORY GIVING WITH ACH

Forgot to bring your offertory envelope to Mass? ACH makes offertory giving simple. Scan the QR code to sign up for automatic bank withdrawals for EASY offertory giving that supports our parish – even while you're away!



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Simply go to your app store and download the free app. Set Little Flower as your parish and make sure push notifications are ON so you can be alerted to any important messages.



Minot Area Catholic Adults *Spirits and Truth*



3 Part Series: Faith, Hope, and Charity

Hope:

Thursday, March 5th, 2026

-Food and Fellowship @6:00pm

-Talk by Fr. Logan Obrigewitch @6:45pm

Location: Mi Mexico
3816 S Broadway
Minot, ND



ST. VINCENT DE PAUL MESSAGE

In the Gospel Jesus says: "Whoever fulfills and teaches these commands shall be great in the kingdom of God." By your gift to the Society of St. Vincent de Paul you indeed put your faith into action as you fulfill the commands of Jesus.

St. Vincent de Paul meets on the first and third Tuesdays of each month. If you would like to attend a meeting, please call Janel at 701-557-3919 for the meeting location.

Join our parish!

If you've been attending Mass at Little Flower, please consider registering and becoming a member of our parish. Contact our parish office or go to our website:

www.LittleFlowerMinot.com

FRIDAYS DURING LENT:

5:30 p.m. Soup & Sandwich Supper
(Served by our Knights of Columbus)
5:50 p.m. - 6:20 p.m. Confession
6:30 p.m. Stations of the Cross
(No Soup Supper and Confession on 3/27)

Lenten Retreat

"Return to me with all your heart"

Joel 2:12



Come to the Desert and Pray with our Lord

When?

Saturday, Feb 28th, 2026
Saturday, March 14th, 2026

Our Lady of Grace
707 16th Ave SW
Minot, ND 58701

Schedule Both Saturday Evenings

6:30pm : Eucharistic Exposition
and Evening Prayer

6:45pm - 8:00pm: Eucharistic
Adoration and Confession

The STATIONS OF THE CROSS

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Devotions, Explained! Stations of the Cross

Stations of the Cross, Explained

In the earliest years of Christianity, the locations central to the story of Holy Week — the Garden of Gethsemane, Calvary, the Holy Sepulcher, and more — were destinations for pilgrims who wanted to experience Christ's sacrificial love for us in a physical way. In the years after the Crusades, pilgrimage to the Holy Land became impossible for most Christians, and the Stations of the Cross was popularized as a devotional means to pray through the passion and death of Christ.

Throughout history the number of stations has varied, with different traditions focusing on different events. In the 18th century, the number was officially fixed at 14 by Pope Clement XII.

These stations are taken from the Gospel accounts of Christ's passion and death, though there are several which are derived from tradition and apocryphal sources, such as the meeting of Mother and Son and St. Veronica wiping the face of Christ. ©LPI

JOB OPENING WITH BISMARCK DIOCESE

The Bismarck Diocese has an immediate opening for an as-needed cook (averages 1, 8-hour day a week) at the Emmaus Place, a priest retirement facility in Bismarck. This cook position offers a very competitive wage and is on an as-needed basis when there are scheduling conflicts with our full-time and part-time cooks. This opportunity allows the individual to serve our retired priests of Jesus Christ, whom have so faithfully for many years administered to us the sacraments and served the people of the Bismarck Diocese. Job duties include grocery shopping, preparing, and serving meals for the residents, and clean-up. Must possess a valid driver's license and be able to lift and carry 20 pounds. Prior cooking knowledge and experience is desirable.

All offers of employment are pending a clear background check and reference check. Please contact Kim Kleinknecht, the coordinator of "Priest Services" for Emmaus Place if you are interested in this wonderful opportunity. Kim's email is kleinknecht@bismarckdiocese.com or phone (701) 258-2618.

Applications (found at bismarckdiocese.com/job-openings) may also be emailed or mailed to Denise Jordan at djordan@bismarckdiocese.com or PO Box 1575, Bismarck, ND 58502.



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Breakfast Sunday,
February 15th

St. John the Apostle
9am-Noon

Menu:

Pancakes, French Toast
(*Gluten Free French Toast
will be available), Sausage,
Scrambled Eggs, Juice, Milk
& Coffee

Free-will offering to support:
Real Presence Catholic Radio &
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