

February 1st, 2026
4TH SUNDAY IN ORDINARY TIME

CHURCH OF ST. THERESE, THE LITTLE FLOWER

Minot, North Dakota



4TH SUNDAY IN ORDINARY TIME

"Blessed are you when they insult you and
persecute you and utter every kind of evil against
you falsely because of me." - Mt 5:11

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

DAILY MASS: TUES-FRI 8AM

SATURDAY VIGIL MASS: 4:30PM

SUNDAY MASS: 8:30AM & 10AM

EUCCHARISTIC ADORATION: WEDNESDAYS 8:30AM-4PM



THIS WEEK:

Monday, February 2nd

No Scheduled Events

Tuesday, February 3rd

8:00 a.m. Mass

6:00 p.m. KC Rosary & Meeting

Wednesday, February 4th

8:00 a.m. Mass

8:30 a.m. - 4 p.m. Adoration

6:00 p.m. CGS

Thursday, February 5th

8:00 a.m. Mass

Friday, February 6th

8:00 a.m. Mass

Saturday, February 7th

9:30 a.m. First Saturday Devotion at

Little Flower

4:30 p.m. Mass

Sunday, February 8th

Mass: 8:30 a.m. & 10:00 a.m.

8:30 a.m. - Noon KC Breakfast

11:00 a.m. Divine Intimacy Book Study

FR. KENNETH PHILLIPS, PASTOR:

kphillips@bismarckdiocese.com

DEACON STEPHEN YOUNG:

deaconstevebismarck@gmail.com

GOSPEL MEDITATION

February 1, 2026
4th Sunday in Ordinary Time
Matthew 5:1-12a

A priest I know was once falsely accused of a terrible crime. The claim was wild and easily disproved, but for a while, it didn't matter. In the atmosphere shaped by the abuse crisis of the early 2000s, the public assumption was guilty until proven innocent. His name was dragged through the mud, and his ministry placed on hold. I had the privilege — and the burden — of walking closely with him during that time.

He was angry. He was confused. He felt abandoned and deeply disoriented. The last thing on his mind was the words of Jesus in today's Gospel: "Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me ... Rejoice and be glad" (Matthew 5:11-12).

Rejoice? He felt anything but. And yet... something holy slowly grew in him. Not overnight, and not without pain. But as the truth came to light and his name was cleared, I watched him become more Christlike — more patient, more compassionate, more detached from human approval.

Maybe you haven't faced something so dramatic. But where do you feel judged? Misrepresented? Overlooked? Maybe someone else got the credit or the promotion. Maybe someone you love isn't getting their due. In those moments, the Cross of Jesus is near. When we feel accused, that's when we ask him for the grace not just to endure, but somehow, mysteriously, to rejoice and be glad.

— Father John Muir
©LPi

OBSERVANCES FOR THE WEEK OF FEBRUARY 1, 2026

Sunday: 4th Sunday in Ordinary Time
Monday: The Presentation of the Lord, World Day for Consecrated Life
Tuesday: St. Blaise, Bishop and Martyr; St. Ansgar, Bishop
Thursday: St. Agatha, Virgin and Martyr
Friday: St. Paul Miki and Companions, Martyrs
Next Sunday: 5th Sunday in Ordinary Time; World Marriage Day

MASS INTENTIONS

TUESDAY, FEBRUARY 3RD

+Tomi Vennes by Kevin & Dione Bohl Family

WEDNESDAY, FEBRUARY 4TH

Geer & Phillips Families by John & Mary Russell

THURSDAY, FEBRUARY 5TH

+David & Roberta Douglass by Debby Brothers

FRIDAY, FEBRUARY 6TH

+Mitch Watne by Suzanne Watne

SATURDAY, FEBRUARY 7TH

+Theresa Zahn by Denise Zahn

SUNDAY, FEBRUARY 8TH

8:30 a.m. +Sue Rintoul by Kevin & Dione Bohl Family

10:00 a.m. For the Parishioners

+Indicates Deceased



DIVINE INTIMACY BOOK STUDY 2026

The Divine Intimacy book study at Little Flower with Fr. Phillips is meeting on Sundays following the 10AM Mass. Upcoming class dates: February 1, 8, 15; March 1. All are welcome!

DO YOU HAVE OUR PARISH APP?

With winter weather upon us, now is a great time to download our **FREE** parish app. Any Mass, Adoration, or activity cancellations due to weather will come right to your phone! Simply go to your app store and download the free app. Set Little Flower as your parish and make sure push notifications are ON so you can be alerted to any important messages.



PARISH OFFICE HOURS:

Monday-Thursday 8:30AM-3PM

Parish Office: 701.838.1520

Rectory: 701.837.5943

Parish Email: littleflowerminot@gmail.com
www.LittleFlowerMinot.com

MAILING ADDRESS:

800 University Ave. West
Minot, ND 58703

STAFF:

Parish Secretary: Jill Aarseth LittleFlowerMinot@gmail.com

Administrative Assistant: Sally Brown

Accounts Manager: Kathy Wentz: LittleFlowerFinance@srt.com

Publications/Website: Melissa Olson

LittleFlowerParish@gmail.com

Music Director: Paul Nason: nason.paul@gmail.com

Religious Education/Catechesis of the Good Shepherd:

Dione Bohl & Paula Rudser-Stolba (701) 838.1520

Bishop Ryan Catholic School: Megan Selk

(701) 838.3355; mselek@brhs.com

Soups
AROUND THE WORLD



at Little Flower

Sunday, February 22nd, 2026
11:00 AM - 1:00 PM
OR UNTIL SOUP RUNS OUT

VARIOUS ETHNIC SOUPS TO TRY!

HOUSE KNOEPHLA SOUP, BREAD, AND BEVERAGES PROVIDED

IF YOU'D LIKE TO DONATE ETHNIC SOUP, PLEASE CONTACT THE PARISH OFFICE AT 838-1520 OR SIGN UP ONLINE AT OUR PARISH WEBSITE: WWW.LITTLEFLOWERMINOT.COM

FREE WILL DONATIONS ACCEPTED



Join us at Little Flower for
HOMEMADE DONUTS

Coffee & Juice

**SUNDAY, FEBRUARY 1ST
9AM-11:30AM**

Grab & go or stay and enjoy!

Free will donations will be accepted to help purchase a new organ for our parish




ALTAR SERVERS NEEDED!

We have a particular need for altar servers for the Saturday 4:30 p.m. Mass. This is a great way for children to become more connected to Mass. Children and adults are encouraged to serve in this ministry. Contact the parish office to learn more about server training.


MASS MINISTRY SCHEDULES FOR FEBRUARY 7 & 8

	Saturday 4:30 p.m.	Sunday 8:30 a.m.	Sunday 10 a.m.
Rosary	Alice Leonard	Karen McDonald	Paula Wahl
Greeters	Paula Sidener Sue Peterson	Clarence & Amy Aberle	David & Brenda Feller
Altar Servers	Camden Lee	Curt Saari Hadley Duchscherer Tucker Duchscherer	Danica Stolba Luke Bacor
Lector	Diane Zander	Michelle Saari	Cathy Haarstad
Eucharistic Minister		Carolyn Johnson	Deacon Stephen Young
In-Home Ministry		Carolyn Johnson	
Scrip Sales	Katy Larcombe	Michelle Saari	Paula Rudser-Stolba


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YouTube
DAILY MASS AND SUNDAY 8:30AM MASS BROADCAST ON YOUTUBE

ANOINTING OF THE SICK

If anyone is preparing for surgery or is hospitalized or wishing to receive the anointing of the sick, please call the parish office (701-838-1520) or rectory (701-837-5943) to set up an appointment. You can receive this sacrament more than once. Please notify Fr. Phillips upon admission of a family member to the hospital.

CONFESSION TIMES

TUES-FRI: 7:30AM-7:50AM

SAT: 3:15PM-4:15PM

SUNDAY: 7:30AM-8:15AM; 9:30AM-9:50AM

Confession can be heard anytime outside of listed times by appointment: 837.5943

BISHOP RYAN CATHOLIC SCHOOL NEWS

Is God calling your family to Catholic education? Now enrolling preschool through grade 12 for the 2026–2027 school year. For a tour or more information contact Megan Selk at 838-3355.

Use Scrip gift cards for all your purchases. We have cards for groceries, gas, clothing, household items, coffee, dining out, Amazon, home building & repair, vehicles & car care. We sell these cards in the gathering space after Mass and in the parish office during the week and at Bishop Ryan. Using Scrip supports Bishop Ryan Catholic School, which is a mission to our church. When you purchase Scrip, the businesses give back to Bishop Ryan a percent of your purchase, which supports the school and helps families with their tuition. It's a way to share Jesus – by supporting Catholic education.



CATECHESIS OF THE GOOD SHEPHERD

Growing our Flock

ALTAR TABLE

Through the arranging of the chalice, paten, the candles, and crucifix, the child becomes familiar with the articles of the Mass. The child lives this relationship with God in a particular way in the liturgy. The 3-6 year old child enters the mystery

of the Eucharist through the most important gestures including the preparation of the chalice, the epiclesis and offering, and the sign of peace.

From these gestures, the Mass emerges as the Sacrament of the Gift. The child becomes acquainted with the historical character of the liturgy through the events of the Last Supper, Christ's death, and His resurrection.

In recognition of the sacrament of marriage, the Most Reverend David D. Kagan invites married and engaged couples to attend the **Mass in Celebration of Marriage** with a special blessing of married couples on **Monday, February 9 at 5:30 p.m.** at the Cathedral of Holy Spirit in Bismarck. All are invited to a reception following Mass, hosted by the Knights of Columbus.



Minot Area Catholic Adults *Spirits and Truth*



3 Part Series: Faith, Hope, and Charity

Faith:

Thursday, February 5th, 2026

-Food and Fellowship @6:00pm

-Talk by Fr. Eric Artz @6:45pm

Location: Mi Mexico

3816 S Broadway

Minot, ND



OUR LADY OF GRACE
KNIGHTS OF COLUMBUS
COUNCIL 4894

ROAST BEEF DINNER

SUNDAY, FEBRUARY 1 - 11-3 PM

SUPPORTS
BISHOP RYAN CATHOLIC SCHOOL

EASY OFFERTORY GIVING WITH ACH

Forgot to bring your offertory envelope to Mass? ACH makes offertory giving simple. Scan the QR code to sign up for automatic bank withdrawals for EASY offertory giving that supports our parish – even while you're away!



ST. VINCENT DE PAUL MESSAGE

In the Gospel today Jesus gives us the Beatitudes, which embody a radically alternative vision of life and we find that God indeed calls us to blessedness.

Your gift to the Society of St. Vincent de Paul proclaims the gospel of the kingdom and brings healing to the broken hearts of those who live in poverty.

St. Vincent de Paul meets on the first and third Tuesdays of each month. If you would like to attend a meeting, please call Janel at 701-557-3919 for the meeting location.

THANK YOU! THANK YOU!

The Society of St. Vincent de Paul is extremely grateful for your generous donations to the Twice Blessed Campaign on our behalf. We're happy to share that we not only reached our goal but exceeded it. God's provision is demonstrated once again through the amazing people who believe in our mission. Thank You so much for helping us to help others!

The Society of St. Vincent de Paul,
St. John Paul II Conference



BREAKFAST AT LITTLE FLOWER

Sunday, February 8th

8:30 a.m. to Noon



Breakfast served by
the Little Flower
Knights of Columbus
#9839

Menu:

FRENCH TOAST
SCRAMBLED EGGS
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